

RESOURCE GUIDE



Office of
Mental Health



Queens

This resource guide includes information about where you can find help in your local community. All the programs and services listed below allow you to self-refer and some may offer walk-in appointments.

Crisis Services & Support

Transitional Services Inc. Crisis Respite Center

Alternative to hospitalization for people experiencing mental health crisis.

80-45 Winchester Blvd, Queens Village, NY 11427
Tel: (718) 464-0375 | Open: 24/7

Queens Hospital Center

Psychiatric Emergency Room

82-68 164th St, Jamaica, NY 11432
Tel: (718) 883-3000 | Open: 24/7

WellLife Crisis Respite Center

Alternative to hospitalization for people experiencing mental health crises. Call for availability.

507 Beach 54th St, Arverne, NY 11692
Tel: (718) 309-7486 | Open 24/7

Jamaica Hospital Medical Center

Psychiatric Emergency Room

90-09 Van Wyck Expy, Jamaica, NY 11435
Tel: (718) 206-7099 | Open: 24/7

Mental Health Treatment & Rehabilitation

Catholic Charities - Corona

Individual Counseling & Psychiatric Services

91-14 37th Ave, Jackson Heights, NY, 11372
Tel: (718) 253-4477 | Walk-in: Mon & Thurs 12pm

(Suggested time to arrive is 11:30am)

Advanced Center for Psychotherapy

Individual Counseling & Psychiatric Services

103-26 68th Rd, Forest Hills, NY 11375
Tel: (718) 261-3330 | Mon-Thurs 9am-9:30pm, Fri
9am-7pm, Sat 9am-5pm | **No walk-ins.**

New York Psychotherapy Counseling Center

91-09 Roosevelt Ave, Jackson Heights, NY 11372

Tel: (718) 908-8000 | Walk-in: Mon-Fri 9am-8pm,
Sat & Sun 9am-6pm

Catholic Charities - Jamaica

Individual Counseling & Psychiatric Services

161-10 Jamaica Ave, 2nd Fl, Jamaica, NY 11432
Tel: (718) 722-6006 | Walk-in: Mon & Thurs at 9am
(Suggested time to arrive is 8:45am)

Peer Support Services

Venture House

Employment assistance, education and housing
150-10 Hillside Ave, Jamaica, NY 11432
Tel: (718) 658-7201 | Walk-in: Mon-Fri 10am-4pm
(Tours are given between 11am-2pm)

Trans Lifeline Hotline

Peer support phone service run by trans folks for trans and questioning peers
Tel: (877) 565-8860 | Hrs: Mon-Fri 1pm-9pm

Goodwill/Citiview Connections Clubhouse

Psychosocial Clubhouse
33-24 Northern Blvd, 3rd Fl, LIC, NY 11101
Tel: (718-361-7030) | Walk-in: Mon-Fri 10am-4pm

Vets4Warriors Hotline

Provides support for all service members, veterans and their families
Tel: (855) 838-8255 | Hrs: 24/7

Addiction or Substance Use Treatment and Support

Elmcor

Individual & group counseling, opioid treatment
107-20 Northern Blvd., Corona, NY 11368
Tel: (718) 651-0096 ext. 205 | Walk-in: Mon-Fri 11am-5pm

Alcoholics Anonymous Meeting

Corona Congregational Church
102-18 34th Ave, Corona, NY 11368
Hrs: Fri 6:45pm-7:45pm

St. Joseph's Medical Center Outpatient Program

Individual & group counseling, opioid treatment
175-20 Hillside Ave., Jamaica, NY 11432
Tel: (718) 291-1888 | Walk-in: Mon-Fri 6:30am-7am

Narcotics Anonymous Meeting

St. Pascals of Babylon Church
112-43 198th St, St. Albans, NY, 11412
Hrs: Fri 6pm-7:45pm

Other Services

SafeLink Wireless

Free cell phones
Apply by phone: (800) 723-3546
Hrs: Mon-Sat 8am-10pm; Sun 8am-7pm

Masbia Queens (Soup Kitchen)

Free hot meal program for anyone who is hungry.
105-47 64th Road; Forest Hills, NY 11375
Tel: 718-972-4446 | Hrs: Sun-Thurs 2pm-7pm

Astoria Food Pantry (No phone number)

Hrs: Food Pantry Mon 8am-11am & Sat 1pm-2pm,
Free Store Wed 11:30am-2:30pm & 4:30pm-7:30pm
25-82 Steinway Street, Astoria, NY 11103
Email: astoriafoodpantry@gmail.com

Breaking Ground Drop-In Center

Open 24/7. Access to showers, laundry, medical, psychiatric services, & case management
100-32 Atlantic Ave, Jamaica, NY 11416
Tel: 929-218-7359 **(Phone hrs: Mon-Fri 9am-5pm)**

To find more mental health programs and services, visit our website at: www.omh.ny.gov

